

Bedford Parks and Recreation Department (Fall 2009)



HALLOWEEN SPOOK-TACULAR (8)

For children ages 8 and under

Saturday—October 24, 2009
McKelvie Café
@ 5:30 p.m.

Halloween Games
Activities
Refreshments

5:30-6:15 p.m.
Children's Entertainment
Performed by: Judy Pancoast

6:30 p.m.
Flashlight Candy Hunt
Come dressed in a costume
and BYOF (bring your
own flashlight).

Cost: One bag of wrapped
candy for the candy hunt.



Adult/Senior COSTUME PARTY

Thursday, October 29th
11-1 p.m.
Bedford Town Hall

Prizes awarded
for best costume

Light Lunch Served
COST: \$2 Bedford Residents
\$4 Non-Residents

BEDFORD OLDE TOWNE DAY SATURDAY, SEPTEMBER 19, 2009

Annual Town Celebration

Special Day Long Events
10-3 p.m.

TASTE OF BEDFORD

* T-Bones Restaurant * Red Arrow
Diner * Amigos Mexican Cantina,
Fratello's, Gloria Jeans *Outback
Steakhouse, *Weathervane



BULL FROG BOUNCE Three prizes \$100-\$75-\$50

Tickets available at Town
Offices starting Sept 1st



"Apple Pie Baking Contest"

Download entry form
BedfordRecOnline.com

Making Community Connections

Every year the Bedford Olde Towne
Day Committee selects organizations
to receive the funds from Olde
Towne Day to benefit the Bedford
Community.

The recipients for 2008 were:
The Educational Farm at Joppa Hill
and Color My World.

For 2009 the Committee had
selected three well deserving recipi-
ents. "Our Promise to Nicholas"
"Stand By Me" & "Bedford Special
Olympic Team"

ENTERTAINMENT At Performance Stage

10 a.m. Riddle Brook Chorus

11:30 a.m. Hampshire Hills Demo

12 p.m. Phil Bruno "Guitar Solo"

1:30 p.m. **NEW****
Apple Pie Baking Contest
Winners Announced

2:00 p.m. Mark Lawrence
Martial Arts Drill Team

2:30 p.m. Hampshire Hills Demo



KIDS' K RUN 12 noon

Register at the Lion's Club
Booth prior to race time. All
racing is done in the infield of
the Riley Baseball Field.

SPONSORED BY:
BEDFORD LION'S CLUB



SPECIAL THANK YOU

The Bedford Parks & Recreation
Department has many groups that
help support our programs and spe-
cial events and without their support
many of our activities would not be
able to held.

Thank you to Coalition for Bedford
Youth and moderator: Sherry Charkin
for the treats at the Tuesday night
Family Cultural Series.

Thank you to Bethany Covenant
Church and the Wallace family and
all the families who handle the
Concession booth at BOTD.

You can "BE A STAR" on BCTV
Saturday, September 19th at Bedford
Olde Towne Day. BCTV will give
you the opportunity to have your
own 30 seconds of fame when they
tape anyone interested in sending a
message to family or friends, or talk
about your group or organization or
just to see themselves on TV. Get
creative! Have fun!

If your family and friends cannot
access BCTV, no problem! With
BCTV's newest equipment anyone
with a computer, anywhere, can
download your message! Learn
more at Olde Towne Day.

See you Saturday, September 19th at
the BCTV booth!

SUNDAY AFTERNOON MOVIE MATINEE

FREE MOVIES

TIME: 2 p.m.
Bedford Library (downstairs)
(3 Meetinghouse Rd)

2009 DATES: Oct 18, Nov 15, Dec 20

2010 DATES: Jan 17, Feb 21,
Mar 21 and Apr 18

Check website for movie titles



BALLROOM DANCING

Instructor: Betty Ouellette

DAY: Sunday evenings (Sept 13th)

LOCATION: Bedford Town Hall

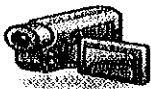
COST: Beginners & Intermediate
Level \$110 per couple Bedford Resident
\$120 Non-Resident

CLASS TIMES

5-6 p.m. Beginners
5-6 p.m. Intermediate Level I
6-7 p.m. Intermediate Level II
7-8 p.m. Intermediate Level III

COST: ADVANCED LEVELS
\$120 per couple Bedford Resident
\$130 Non-Resident

6-7 p.m. Advanced Level I
7-8 p.m. Advanced Level II



VIDEO CLASS

"So You Shot Some Video...Now What?"
Instructor: David Waldman

PC Program: Tuesdays (Oct 6-27)
MAC Program: Thursdays (Oct 1-22)

TIME: 7-9 p.m.
LOCATION: McKelvie School

COST: \$60 Bedford Resident
\$70 Non-Residents

This 4 week program is a video editing and distributing class for ADULTS. Two separate programs are offered one for PC and one for MAC users. Equipment requirements: Digital Video Camera, Computer with editing and DVD software, a laptop computer to bring to class (recommended, but not required), pen and pencil to take notes.

ELDER MUSIK

(Keyboard Playing)

Instructor: Paul Bordeleau
Bordeleau Keyboard Studio

Starting the week of Sept 21, 2009

Cost: \$65 Bedford Residents
\$75 Non-Residents

Location: Bordeleau Keyboard Studio
48 Maple Drive, Bedford, NH
Arrange Time/Day: 472-5566

Mr. Bordeleau has developed a unique method of teaching students to play the piano or other keyboard instruments. You can learn to play in **6 weeks!** This progressive method breaks down music into simple parts that are easy to master and builds on previously learned steps.



CREATIVE WRITING PROGRAM

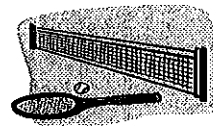
Focus on the Short Story

Instructor: Anne Kelsey
"Dare to Write"

DAY: Thursdays (Sept 24th)
TIME: 7-8:30 p.m.
LOCATION: McKelvie School

COST: \$65 Bedford Resident
\$75 Non-Residents

This is a 6-week journey into the art of writing a short story. Anne's unique "no red pens allowed" philosophy and innovative writing exercises makes classes fun and filled with laughter. Who knew that writing was as easy as making a list, mashing ideas and reading the classifieds? No previous writing experience is required. All materials will be provided.



ADULT TENNIS PROGRAM

Sept 17-Oct 22, 2009

5:30-7 p.m. @ Legacy Tennis Courts
Register online:

(www.inthenetsportsacademy.com)



BEGINNERS YOGA

Instructor: Vassiliki Anthimidou

DAY: Wednesdays
TIME: 9-10 a.m.
LOCATION: Bedford Town Hall

SESSION 1: (Sept 16th)
SESSION 2: (Oct 28th)

COST: \$30 Bedford Resident
\$40 Non-Residents

Beginners Yoga which is an ancient system of practices that help develop control over the mind & body. It teaches you to quiet the mind and become aware of our breathing which helps us stimulate the energy within ourselves. These classes are 6 week sessions which teach breathing and relaxation techniques as well as meditation and gentle poses to reduce stress within ones own body.

ZUMBA FITNESS

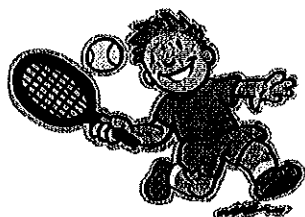
Instructor: Michele Esposito

DAY: Wednesdays
TIME: 6:30-7:30 p.m.
LOCATION: Bedford Town Hall

SESSION 1: (Sept 16th)
SESSION 2: (Oct 28th)
SESSION 3: (Dec 16th)

COST: \$55 Bedford Resident
\$65 Non-Residents

6 weeks of Fun Fitness! Why sweat to the oldies when the latest craze is swinging your hips to the infectious beat of salsa music blended with other Latin and international rhythms.



KIDS TENNIS CLASSES YOUTH TENNIS PROGRAM

Sept 17-Oct 22, 2009
@ Legacy Courts
5-9 year olds 3:30-4:30 p.m.
10-16 year olds 4:30-5:30 p.m.
\$120 Bedford Residents
\$130 Non-Residents

In-The-Net-Sports-Academy specializes in tennis training and in partnership with Hampshire Hills and the Bedford Parks & Rec Dept will offer a Youth Tennis Program on Thursdays.

Register online:
(www.inthenetsportsacademy.com)

HIGH FIVE BATON TWIRLING

Instructor: Katie McClain

Days: Thursday (Oct 1st)
Time: 3:30-4:15 p.m.
Bedford Town Hall
Cost: \$60 Bedford Residents
\$70 Non-Residents

This 6 week program will give you an introduction to baton twirling which will help the student get the "feel" for this exciting activity. The fundamentals will be introduced to beginner twirlers to skills such as a flat spin.

SK8 PROGRAM

INSTRUCTOR: Curt Hulst

DAY: Saturday (Sept 12, 2009)
TIME: 9-11 a.m.
LOCATION: Legacy Skateboard Park
New Boston Road, Bedford, NH

COST: \$200 (6 week program)

Learn to skate...learn the correct stance, turning, kick-turning, stopping and how to fall properly. The beauty of learning how to skate is done through trial-and-error which we believe is the foundation for the sport. This program is available for boys and girls ages 7 to 18. Please bring: water, skateboard, knee & elbow pads, helmet and work-out attire.



MINI CHEF

Instructor: Jane O'Brien
Day: Thursdays (Oct 1st) Time: 2-2:30 p.m.
Cost: \$40 (4 weeks) \$50 Non-Residents
Location: Bedford Town Hall

A non-cooking class for boys & girls 4 & 5 years of age who would like to make it themselves.

CRAZY CHEF

Day: Fridays (Oct 2nd)
Time: 3:30-4:30 p.m.
Cost: \$50 (4 weeks) \$50 Non-Residents
Location: Bedford Town Hall

A cooking class for boys & girls ages 6-8 who want to make their own snacks and desserts. Class size is limited.

KID CHEF

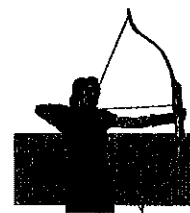
Day: Thursdays (Oct 1st)
Time: 3:30-4:30 p.m.
Cost: \$60 (4 weeks) \$70 Non-Residents
Location: Bedford Town Hall

A cooking class for boys & girls ages 8 and up who learn to cook a dinner meal. "Where KIDS rule in the Kitchen" This class is not recommended for children with food allergies. Class size is limited.

INTRODUCTION TO PAINTBALL

DAY: Tuesday, Nov 3rd
TIME: 1-3:30 p.m.
LOCATION: Dracut Sportsplex
COST: \$40 Bedford Resident
\$50 Non-Resident

Boys and Girls ages 12-16 on Teacher's Workshop Day if you are looking for some place to go, gather your friends for a fun filled session of indoor paintball. Learn and play the fastest growing sport with experienced referee's and coaches. All rentals included in the fee (mask, gun, pods & pack) along with pizza and a soda. Parent(s) must sign a (downloadable) waiver to participate on line at (BedfordRecOnline.com). The program will be run by the YPL located at Dracut Sportsplex which is located at 1734 Lakeview Ave, Dracut MA. Located in the RK Plaza, down the street from Dracut High School.



ARCHERY

Instructor: NE School of Archery

DAY: Wednesdays
DATES: Sept 16 - Oct 7, 2009
LOCATION: Benedictine Park

COST: \$60 pp Bedford Residents
\$70 pp Non-Residents

Basic Beginners 6-7 years of age 3:30 p.m.
Beginners ages 8 and up 4:30 p.m.
Jr. Olympics Intermediate 5:30 p.m.
(ages 8 and up who have shot before)
Families (ages 8-12 Parent & Child) 6:30 p.m.

ALL EQUIPMENT IS PROVIDED.

LEGO CLUB

Wednesday—Oct 7th
3-4 p.m.

Location: Bedford Town Hall

Intergenerational program open to all kids to adults. If you enjoy building with Lego blocks, come enjoy an hour with others who also enjoy playing with Lego's. Club Fee: A small donation of bricks given at the first meeting and saved by the Recreation Department to be stored and recycled for the next Club meeting.

FOREIGN LANGUAGE CLASSES

Instructor: Lindsay Straw
Location: Memorial School

SPANISH: Oct 1-8-15
Ages 6-9 from 3:30-4:30 p.m.
Ages 9-16 from 4:30-5:30 p.m.
Cost: \$55 Bedford/\$65 Non-Resident

Cultural Class-Oct 29th
THEME: Day of the Dead
Cost: \$20 Bedford/\$25 Non-Resident

FRENCH: Oct 6-13-20
Ages 6-9 from 3:30-4:30 p.m.
Ages 9-16 from 4:30-5:30 p.m.
Cost: \$55 Bedford/\$65 Non-Resident

Cultural Class-Oct 27th
THEME: Stained Glass of Notre Dame
Cost: \$20 Bedford/\$25 Non-Resident

REGISTRATION INFORMATION:

Registrations are now being accepted for all FALL programs.

PLEASE NOTE: All programs in this brochure are sponsored by the Parks & Recreation Department and are not affiliated with the Bedford School District. Registration is offered to residents and non-residents, unless otherwise specified. Non-residents will be charged a different fee for program registrations. The Parks & Recreation Department reserves the right to cancel any program which does not meet minimum enrollment requirements. Registration must be done in advance. In order to ensure the continuance of each program, registration must be made before the start of the program unless otherwise indicated. Programs are open to residents and non-residents regardless of race, age, sex, physical or mental disabilities. If special accommodations are needed, please contact our office at 472-5242.

PAYMENT: Payment is due at the time of registration for all programs.

CHECKS PAYABLE TO: Town of Bedford (Mail to: Parks & Recreation Department Office—24 N. Amherst Rd, Bedford, NH 03110). Office hours are 8-4:30 p.m. Monday-Friday.

CANCELLATION POLICY: When schools are closed due to inclement weather, all recreational activities will be cancelled for that day or evening. Activities will be canceled on major holidays and school vacations or as arranged by the instructor.

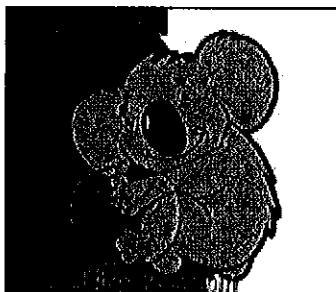
Bedford Parks & Recreation Department Staff

Manager: Jane O'Brien 472-5242 (x305)

Parks Maintenance: Wayne Harressey 472-5477

Secretary: Paula Talmanson 472-5242 (x302)

Parks Maintenance: Kevin Hodgdon 472-5477



KOALA BEAR PLAYGROUP

INSTRUCTOR: Miss Jane

Fridays—October 2nd
9:30—11 a.m.

LOCATION: Bedford Town Hall

Drop-in no pre-registration needed and visit this FREE playgroup which is open to all infants to pre-schoolers along with siblings, Mom's Dad's and Nanny's.

The only request is that you bring your own child a snack and snack time is scheduled for 10:15 a.m.

(Please no peanut butter products due to peanut allergies).

DATES TO REMEMBER 2009

Bedford Olde Towne Day

Saturday—Sept 19, 2009
10-3 p.m.
Riley Field Complex



Halloween Spooktacular

Saturday—Oct 24, 2009
5:30 p.m.
McKelvie Café

Bedford Celebrating Halloween

Saturday—Oct 31, 2009
6-8 p.m.



Santa's Mailbox

Begins—November 16, 2009

Living Nativity

December 23, 2009
6:10 p.m.



DATES TO REMEMBER 2010

Koffee & Krayon

(Preschool Preview) Feb 23, 2010
Bedford Town Hall

Youth Expo

Start Thinking Summer!
Adventure! Excitement! Daycare!
(Camp Preview) March 2, 2010



Father/Daughter Dance

March 12, 2010
McKelvie Café



Family Western Night

March 26, 2010
McKelvie Café