

~WHATS NEW IN BEDFORD'S PARKS & RECREATION ~

*New Fall programs for Adults and Kids, Contests, Movies etc Visit our website for more information www.BedfordRecOnline.com or the Town's website www.bedfordnh.org

ADULT PROGRAMS

Ballroom Dancing
Zumba
Zumba GOLD
Beginners Yoga
*Flow Yoga
Contact Beginner Bridge
*Indian Cooking Classes
*Fall Tennis Clinic

KIDS PROGRAMS

*Kidz Fitness Zumbatomic
*Creative Movement ~ Beginning Yoga Fusion
*Kids Krafts~4~Fun
*Pre-Ballet
*Sunshine Generation of Bedford
Mini Chef
Crazy Chef
Kid Chef
Mad Science Afterschool Workshop

FREE PROGRAMS

Adult Sunday Afternoon Movie Series
Koala Bear Playgroup
Lego Club

CONTESTS

*Community Photo Contest
*Chocolate Chip Cookie Contest

SPECIAL EVENTS

Bedford Olde Towne Day (9-11)
*Little Tykes Fun Day (9-22)
*Town Hall 100th B-Day (10-10)
Halloween Spooktacular (10-30)